

## **Press Note**

**Press Note No. 82/DCA/2025**

**Date: 25-10-2025**

### **Advisory to All Retail and Wholesale Medical Shops in the State of Telangana**

**Sub:** Illegal sale and misuse of **Anabolic-Androgenic Steroids** and Cardiac Stimulants such as **Mephentermine Injection** and other prescription medicines by gyms and fitness centres – Reg.

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It has come to the notice of the Drugs Control Administration, Telangana, that certain gyms and fitness centres are illegally procuring and selling Anabolic-Androgenic Steroids and Cardiac Stimulants like Mephentermine Injection to gym-goers, who are reportedly misusing these prescription medicines for bodybuilding purposes.

The abuse of prescription medicines such as Anabolic-Androgenic Steroids, Mephentermine Sulphate Injections, etc., for bodybuilding purposes can lead to serious adverse effects, including cardiovascular disorders, hormonal imbalance, psychiatric disturbances, and, in some cases, even death.

**All licensees are hereby reiterated and reminded that Anabolic-Androgenic Steroids and Cardiac Stimulants like Mephentermine Injection, etc., are 'Prescription Medicines', and shall mandatorily be sold only against a valid prescription issued by a Registered Medical Practitioner.**

Any illegal sale, diversion, or distribution of such prescription medicines for non-therapeutic or abusive purposes constitutes a serious violation of the provisions of the Drugs and Cosmetics Act, 1940 and the Rules thereunder, and shall be dealt with strictly. DCA, Telangana shall initiate stringent actions, including cancellation of drug licences and prosecution under the relevant provisions of the Drugs and Cosmetics Act, 1940.

All medical shops are therefore advised to exercise utmost vigilance in dispensing such medicines and to maintain proper prescription records as mandated under the Rules.

The strict compliance of all stakeholders is mandatorily required to ensure that these prescription medicines are not diverted for misuse and that public health and safety are effectively safeguarded.

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**The public may report any complaints regarding illegal activities related to medicines, as well as any other suspected manufacturing activities concerning drugs, including narcotic drugs and psychotropic substances, in residential, commercial, or industrial areas through the **Drugs Control Administration, Telangana Toll-Free Number 1800-599-6969**, operational from 10:30 am to 5:00 pm on all working days.**

**Date: 25-10-2025**

**SHAHNAWAZ QASIM, IPS  
DIRECTOR GENERAL**

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